





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<b>FEB 19TH</b> NO EXERCISES NO HOUSEKEEPING				1	2	3
				9:30am Exercises 10:30am Games 12:30pm Belltone Hearing Clinic 2:30pm Social Hour	9:30am Exercises 10:30am One on One's 1:45am Horse Races 3:30pm Newspaper Reading		2:00pm Popcorn & Movie
4	5	6	7	8	9	10	
<b>SUNDAY BRUNCH</b> Friends & Family Welcome! 24 Hour Notice	9:30am Exercises 10:30am Valentine Craft 1:45pm Poker Torny 3:30pm Color Therapy 4:00pm One on One's	9:30am Exercises 10:15am Baking 1:45pm JackPot Bingo 3:00pm Ice Cream	Exercises 10:30am Walking program 2:00pm Shopping 3:30pm Tuck Shop 4:00pm Card Game	9:30am 8:00am DrZiff - Foot Dr 9:30am Exercises 10:30am United Church 2:00pm Nutman 2:30pm Social Hour 4:00pm Reminiscing	9:30am Exercises 10:30am Manicures 2:00pm Manicures Cont. 3:00pm Tea Time		
11	12	13	<b>HAPPY VALENTINE'S DAY !!</b>		15	16	17
<b>SUNDAY BRUNCH</b> Friends & Family Welcome! 24 Hour Notice	9:30am Exercises 10:30am Warm Bread and Tea Hymn Sing Color Therapy	9:30am Exercises Catholic Church 1:45pm Painting 3:00pm Ice Cream One on One's	9:30am Exercises 10:15am One on One 2:30 pm Marcy & Dave	9:30 am Exercises 10:30am Treasure Chest 3:00pm BINGO !!	9:30am Exercises 10:30am Craft Lunch - Chinese Food 2:00pm Pool & Darts 3:00pm Woman's Social 4:00pm One on One's		2:00pm Popcorn & Movie
18	19	20	21	22	23	24	
<b>SUNDAY BRUNCH</b> Friends & Family Welcome! 24 Hour Notice	<b>Family Day</b> No Exercises No Housekeeping	<b>Housekeeping 4th floor</b> 9:30am Exercises 1:45pm Laughing Yoga 3:00pm Ice Cream 4:00pm One on One's 6:30pm Essential Oil's	<b>Housekeeping 3rd floor</b> 9:30am Exercises 10:30am Pharmacy Talk 2:00pm BINGO! 3:30pm Tuck Shop 4:00pm One on One's	<b>Housekeeping 2nd floor</b> 9:30am Exercises 10:30am Craft 2:00pm Social Hour 3:30pm Poker Torny	<b>Housekeeping 1st floor</b> 9:30am Exercises 10:30am Newspaper 2:00pm Birthday Party		
25	26	27	28	<b>FEBRUARY BIRTHDAYS!!!!</b>			
<b>SUNDAY BRUNCH</b> Friends & Family Welcome! 24 Hour Notice	9:30am Exercises 10:30am Tea Time 12:00pm United Church Thrift Shop 2:00pm Hymn Sing	9:30am Exercise 11:00am Restaurant Outing 3:00pm Ice Cream	9:30am Exercises 10:30am One on One 2:00pm BINGO! 3:30pm Tuck Shop 4:00pm One on One's	Mary Tucker 10th Ed Felske 11th Al Link 14th Allen Garries 22nd Judy Johnson 27th	