



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|---|--|---|--|
| 1 | 2 9:30am Exercise 10:30am Walking Club 2:00pm Bingo | 3 9:30am Exercise 10:30am Meditation/Aromatherapy 2:00pm Horse Racing 3:15pm One on One's | 4 9:30am Exercise 10:30am Baking and Tea 1:30am Library Exchange 2:00pm Cards 4:00pm Waffles is Here | 5 9:30am Exercise 10:30am Bible Study 2:00pm Happy Hour 3:15pm Pool | 6 Kelly Off | 7 |
| 8 Sunday Brunch | 9 9:30am Exercise 10:30am Walking Club 2:00pm Hymn Sing 3:15pm Pool | 10 9:30am Exercise 10:30am Balloon Tennis 2:00pm Darts 3:15pm One on One's | 11 9:30am Exercise 10:30am Trivia 2:00pm Banana Splits 2:45pm Quilting Club 4:00pm Waffles is Here | 12 9:30am Exercise 10:30am Bible Study 2:00pm Happy Hour 3:15pm Snack Cart | 13 9:30am Exercise 10:30am Golf 11:45am Hawaiian Lunch 2:00pm Bowling 3:15pm One on One's | 14 |
| 15 Sunday Brunch | 16 9:30am Exercise 10:30am Walking Club 2:00pm Bingo 3:15pm One on One's | 17 9:30am Exercise 10:30am Meditation/Aromatherapy 2:00pm Horse Racing 3:15pm One on One's | 18 9:30am Exercise 10:30am Baking and Tea 2:00pm Cards 4:00pm Waffles is Here | 19 9:30am Exercise 10:30am Bible Study 2:00pm Happy Hour 3:15pm Pool | 20 9:30am Exercise 10:30am Remeniscing and Coffee 2:00pm Piano with Ollie 3:15pm One on One's | 21 |
| 22 Sunday Brunch | 23 9:30am Exercise 10:30am Walking Club 2:00pm Hymn Sing 3:15pm Pool | 24 9:30am Exercise 10:30am Balloon Tennis 2:00pm Darts 3:15pm Timbits and Coffee | 25 9:30am Exercise 10:30am Trivia 2:00pm Ice Cream Cones 2:45pm Quilting Club 4:00pm Waffles is Here | 26 9:30am Exercise 10:30am Bible Study 2:00pm Happy Hour 3:15pm Snack Cart | 27 9:30am Exercise 12:00pm Pizza Party 2:00pm Movie and Snacks | 28 |
| 29 Sunday Brunch 2:00pm Friendly Fellowship Church of God | 30 Kelly Off 2:00pm Alberta Symphony Orchestra | 31 9:30am Exercise 10:30am Meditation/Aromatherapy 2:00pm Horse Racing 3:15pm One on One's | | | | |
| Activities are subject to change on a daily basis due to weather or last minute changes or additions to the calendar. | Library Exchange is the first Wednesday of the month. If you are done reading your books prior to then, can you please drop them off at Kelly's office. Thank you. | | | | | The United Church will call when they are coming. Sorry for any Inconvenience. |