

## November 2022

|   |  |  |  |   | 7,1  |  |
|---|--|--|--|---|--|--|
| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY   |
| Activities are subject to change on a daily basis due to weather or last minute changes or additions to the calendar. | Library exchange is the first<br>Wednesday of every month.<br>If you are done reading your<br>books prior to Wednesday,<br>can you please drop them<br>off at Kelly's office. Thank<br>you | Kelly Off  | 9:30am Exercise 10:30am Trivia 1:30pm Library Exchange 2:00pm Happy Hour 3:15pm Sewing Club 4:00pm Waffles is Here   | 9:30am Exercise 10:30am Bible Study 2:00pm Pool 3:00pm United Church Service                    | 9:30am Exercise<br>10:30am Golf<br>2:00pm Bowling<br>3:30pm One on One's                                 | Fall Back! Put your clocks back one hour before bed! |
| Daylight Saving Time  | Kelly Off  | 9:30am Exercise 10:30am Meditation/Aromatheraphy 2:00pm Darts 3:15pm Pool            | 9:30am Exercise 10:30am Baking and Tea 2:00pm Ice Cream Cones 2:30pm Cards 4:00pm Waffles is Here                    | 10:30am Remembrance Day<br>Ceremony ( Residents Only)<br>2:00pm Happy Hour<br>3:30pm Snack Cart | Remembrance Day No Recreation or Housekeeping  |  |
| Sunday Brunch   | 9:30am Exercise 10:30am Walking Club 2:00pm Hymn Sing 3:15pm One on One's  | 9:30am Exercise 10:30am Balloon Tennis 2:00pm I love Lucy DVD Hour                   | 9:30am Exercise 11:30am Restaurant Outing 2:00pm Entertainmet-Three Shades of Grey/Happy Hour 4:00pm Waffles is Here | 9:30am Exercise<br>10:30am Bible Study<br>2:00pm Sewing Club<br>3:30pm Pool                     | 9:30am Exercise 11:30am Lunch Club 2:00pm Movie and Snacks   | 19   |
| Sunday Brunch   | 9:30am Exercise<br>10:30am Walking Club<br>2:00pm Bingo<br>3:30pm One on One's   | 9:30am Exercise 10:30am Meditation/Aromatheraphy 2:00pm Piano with Ollie 3:15pm Pool | 9:30am Exercise<br>10:30am Baking and Tea<br>4:00pm Waffles is Here  | 9:30am Exercise<br>10:30am Bible Study<br>2:00pm Name That Song<br>3:30pm Snack Cart            | 9:30am Exercise 10:30am Remenicsing and Coffee 2:00pm Happy Hour/Entertainment- Mountain Sapphire/Nutman | 26   |
| 27 2:00pm Friendly Fellowship Christian Church of God   | 9:30am Exercise 10:30am Walking Club 12:00pm United Church Thrift Shop 2:00pm Hymn Sing 3:15pm Timbits and Coffee  | 9:30am Exercise 10:30am Balloon Tennis 2:00pm Win Lose or Draw 3:30pm One on One's   | 9:30am Exercise 10:30am Remeniscing and Coffee 2:00pm Christmas Decorating Begins                                    |   | CALL IT "INFORMATION ABOUT THE SEASON'S FIRST SNOWFALL", NOT "FLAKE NEWS"!                               |  |