

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <b>Discovery Place</b> A Stimulating Seniors Community						
1 2:00pm Pool Tournament 	2 9:30am Breathing and Stretching 10:30am Walking Club 2:00pm Exercise 3:30pm Trivia 	3 9:30am Exercise 10:30am Baking and Tea 2:00pm Smoothies 3:15pm Horse Racing 6:30pm Piano Playing with Ollie	4 9:30am Exercise 10:30am Pharmacy Talk 2:00pm BINGO 3:30pm One on One's 7:00pm Community Connections Café	5 9:30am Exercise 10:30am Bible Study 2:00pm Happy Hour 3:30pm Pool 	6 10:00am Dr. Ziff (Kelly and Karen are away for a workshop) 	7 Daylight Saving Time Clocks Go Ahead 1 Hour at Midnight 
8 6:30pm Jesus is the Lord Church 	9 9:30am Exercise 10:30am Walking Club 2:00pm Hymn Sing 3:30pm Poker	10 9:30am Exercise 11:00am Restaurant Outing 3:00pm Ice Cream Sandwiches 	11 9:30am Exercise 10:00am Reflexology 10:30am Reminscing and Coffee 2:00pm BINGO 3:30pm One on One's	12 9:30am Exercise 10:30am Bible Study 2:00pm United Church Service 3:30pm Darts 7:00pm Tax Savings For Retirees	13 9:30am Exercise 10:30am Newspaper Reading 	14 
15 6:30pm Immanuel Singing Group 	16 9:30am Exercise 10:00am RCMP Question and Chat 2:00pm Hymn Sing 	17 St. Patrick's Day 9:30am Exercise 10:30am Painting 2:30pm Happy Hour/Entertainment-Classic Country/Nutman 6:30pm Piano Playing with Ollie	18 9:30am Exercise 10:30am Balloon Tennis 2:00pm BINGO 3:30pm One on One's 7:00pm Walk The Talks Presentation	19 9:30am Exercise 10:30am Bible Study 2:00pm Tea Party to celebrate Spring 	20 First Day Of Spring 	21 
22 SUNDAY BRUNCH Friends & Family Welcome! 24 Hour Notice 	23 9:30am Exercise 10:30am Walking Club 2:00pm Library Exchange/Hymn Sing 3:30pm Poker	24 9:30am Exercise 10:30am Baking and Tea 2:00pm Bowling 3:30pm Laughing Yoga 	25 9:30am Exercise 10:30am Reminscing and Coffee 2:00pm BINGO 3:30pm One on One's	26 9:30am Exercise 10:30am Bible Study 2:00pm Resident Council Meeting 3:15pm Hangman Game and Prizes 	27 	28  Good Luck
29 SUNDAY BRUNCH Friends & Family Welcome! 24 Hour Notice 	30 9:30am Exercise 10:30am Walking Club 12:00pm Thrift Shop 2:00pm Hymn Sing 3:30pm Pool	31 9:30am Exercise 10:00am Reflexology 10:30am Trivia 2:00pm Birthday Tea 3:30pm One on One's 		<b>March Birthdays:</b> March 8th- Louise J. March 8th- Gerry P. March 8th- Keith W. March 15th- Henry P. March 16th- Louise M.	March 16th- Rita S. March 26th- Johnny B. March 26th- Annette W. March 26th- Lucy A.	Activities are subject to change on a daily basis due to cancellations, weather or last minute changes or additions to the calendar! Thank you

