




















# NOVEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
	<p>may your birthday bring you as much happiness as you give to everyone who knows you</p> <p><b>Happy Birthday</b></p>	<p>SALON WILL BE CLOSED NOVEMBER 12-15 /PLEASE BOOK CHRISTMAS APP. EARLY TO AVOID DISAPPOINTMENT</p>	<p><b>November Birthdays:</b> Teresa T. Irma H.</p> 		<p><u>Kids are Here</u> 9:30am Exercise 10:30am Bowling 2:00pm Movie and Snacks</p> 	<p><b>Daylight Saving Time: Clocks go back one hour before bed!</b></p>
	4	<b>National Donut Day</b> 5	6	7	8	9
<p><b>Sunday Brunch</b> Family and Friends Welcome! 24 Hours Notice</p>	<p>9:30am Exercise 10:30am Walking Club 2:00pm Hymn Sing 3:30PM Pool</p> 	<p>9:30am Exercise 10:30am Chair Dancing 2:00pm Timbits and Coffee 3:30pm Trivia 7:00pm Community Connections Café Presentation</p>	<p>9:30am Exercise 10:00pm Dr. Ziff 10:30am Pharmacy Talk 2:00pm BINGO 3:30pm One on One's</p>	<p>9:30am Exercise 10:30am Bible Study 2:30pm Happy Hour/Entertainment-Arvin-Nutman 4:00pm One on One's</p>	<p>9:30am Exercise 10:45am Remembrance Day Celebrations</p> 	
10	11	<b>National Pizza Day</b> 12	13	14	15	16
<p>6:30pm Jesus is the Lord Church</p> 	<p><b>Remembrance Day</b> No Housekeeping or Recreation Activities</p> 	<p>9:30am Exercise 10:30am Reminiscing and Coffee 12:00pm Pizza Party 2:30pm Banana Splits 4:00pm Darts</p>	<p>9:30am Exercise 10:30am Drama Club 2:00pm BINGO 3:30pm One on One's</p> 	<p>9:30am Exercise 10:30am Bible Study 2:00pm United Church Service 3:30pm Walking Club</p>	<p><u>Kids are Here</u> 9:30am Exercise 10:30am Balloon Tennis 2:00pm Bowling 3:30pm Laughing Yoga</p>	
17	18	19	20	21	22	23
<p>2:00pm Discovery Place Pool Tournament</p> 	<p>9:30 am Exercise 10:30am Walking Club 2:00pm Hymn Sing 3:30pm Poker</p> 	<p>9:30am Exercise 10:30am Painting 2:00pm Pie and Coffee/Tea 3:30PM Horse Racing</p> 	<p>9:30am Exercise 10:30am Balloon Tennis 2:00pm BINGO 3:30pm Christmas Decorating 7:00pm Walk the Talks Presentation</p>	<p>9:30am Exercise 10:30am Bible Study 2:00pm Happy Hour 3:30pm Christmas Decorating</p> 	<p>9:30am Exercise 10:30am Newspaper Reading 12:00pm Christmas Tea Preparations</p> 	<p><b>Early Lunch</b> Christmas Tea 2:00pm-4:00pm</p> 
24	25	26	27	28	29	30
<p><b>Sunday Brunch</b> Family and Friends Welcome! 24 Hours Notice</p>	<p>9:30am Exercise 10:30am Walking Club 12:00pm United Church Thrift Shop 2:00pm Hymn Sing 2:00pm Library 3:30pm Darts</p>	<p>9:30am Exercise 10:00am Reflexology 10:30am Baking and Tea 2:00pm Birthday Tea 3:30am Trivia</p>	<p>9:30am Exercise 10:30am Reminiscing and Coffee 2:00pm BINGO 3:30pm Drama Club</p>	<p>9:30am Exercise 10:30am Chair Dancing 2:30pm Entertainment-Sunbeams/Happy Hour 4:00pm One on One's</p>	<p><u>Kids are Here</u> 9:30am Exercise 10:30am Puppet Show 2:00pm Bowling 3:30pm Red Skelton Comedy Hour 6:30pm Games Night</p>	