







Discovery Place

A Stimulating Seniors Community

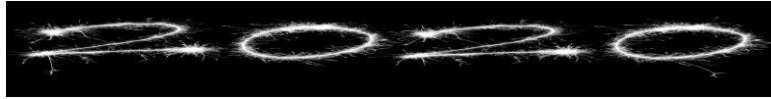






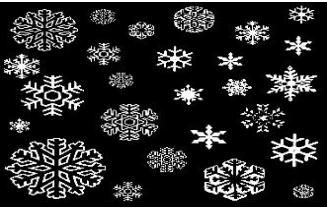

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
			1
			News Year's Day 
5	6	7	8
Sunday Brunch Friends and Family Welcome 24 Hours Notice	9:30am Exercise 10:30am Walking Club 2:00pm Hymn Sing 3:30pm Poker	9:30am Exercise 10:00am Reflexology 10:30am Painting 2:00pm Ice Cream 3:30pm Trivia 7:00pm Community Connections Cafe	9:30am Exercise 10:30am Pharmacy Talk 2:00pm Bingo 3:30 pm One on One's
12	13	14	15
6:30pm Jesus is the Lord Church 	9:30am Exercise 10:30am Walking Club 2:00pm Hymn Sing 3:30pm Laughing Yoga	9:30am Exercise 11:00am Restautant Outing 2:30 Darts 3:45pm One on One's	9:30am Exercise 10:30am Reminiscing and Coffee 2:00pn BINGO 3:30pm One on One's 7:00pm Walk to Talks
19	20	21	22
Sunday Brunch Friends and Family Welcome 24 Hours Notice	2:00pm Hymn Sing 3:30pm Poker 	9:30am Exercise 10:30am Balloon Tennis 2:00pm Croissants and Tea 3:30pm Trivia	9:30am Exercise 10:30am Chair Dancing 2:00pm BINGO 3:30pm One on One's
26	27	28	29

<p>Sunday Brunch Friends and Family Welcome 24 Hours Notice</p>	<p>9:30am Exercise 10:30am Walking Club 12:00pm United Church Thrift Shop 2:00pm Library Exchange 2:00pm Hymn Sing 3:30pm One on One`s</p>	<p>9:30am Exercise 10:00am Reflexology 10:30am Painting 2:00pm Birthday Tea 3:30pm Pool</p>	<p>9:30am Exercise 10:30am Reminiscing and Coffee 2:00pm BINGO 3:30pm One on One's</p>
	<p>January Birthdays: _____ January 17th- Frank M. January 19th- Grace Z. January 26th- Eleanor L. January 31st- Jeanne D.</p>		

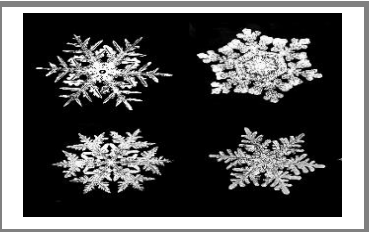
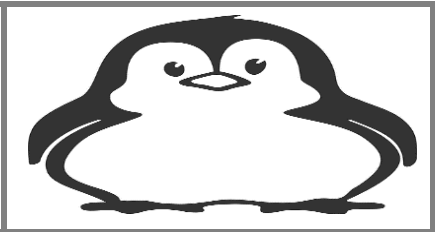


January



THURSDAY	FRIDAY	SATURDAY
2	3	4
9:30am Exercise 10:30am Bible Study 12:30pm Beltone Hearing Clinic 2:00pm United Church Service	9:30am Exercise 10:30am Newspaper Reading 	
9	10	11
9:30am Exercise 10:30am Bible Study 2:00pm Happy Hour 3:30pm Pool	9:30am Exercise 10:30am Newspaper Reading 2:00pm Bowling 3:15pm Horse Racing	
16	17	18
9:30am Exercise 10:30am Bible study 2:00pm Happy Hour 3:30pm Card Game	9:30am Exercise 10:00am Dr. Ziff 10:30am Newspaper Reading 	
23	24	25
9:30am Exercise 10:30am Bible Study 2:30pm Happy Hour/Entertainment-Mountain Sapphire 4:00pm One on One's	9:30am Exercise 10:30am Baking and Tea 2:00pm Hot Chocolate and Donuts 3:30pm Card Game 6:30pm Games Night	
30	31	

9:30am Exercise
10:30am Exercise
2:00pm Happy Hour
3:30pm Darts



Good things
happen in your
life when you
surround
yourself with
positive people.
- ROY BENNETT

HARDSHIPS OFTEN
PREPARE ORDINARY
PEOPLE FOR AN
EXTRAORDINARY
DESTINY...
- C.S. LEWIS

